

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

NAME	TEL NO.	WEBSITE	North ICB	Central ICB	South ICB	North Cumbria ICB	Physical Concerns	Emotional Concerns	Information and Support
Action Foundation		actionfoundation.org.uk/					√		√
Adapt North East	(01434) 600599	adapt-ne.org.uk	√						√
Age Concern South Tyneside	(0191) 4566903			√			√	√	√
Age UK Gateshead	(0191) 4773559	ageukgateshead.org.uk	√				√	√	√
Age UK North Tyneside	(0191) 2808484	ageuk.org.uk/northtyneside/	√				√	√	√
Age UK Northumberland	(01670) 784800	ageuk.org.uk/northumberland	√				√	√	√
Alzheimer's Society-Northumberland, Tyne and Wear and Durham	(01670) 813255	alzheimers.org.uk	√	√					√
Amber's Law/Legacy		amberslaw.org/	√	√	√	√			√
Anxious Minds	(0191) 2620305	anxiousminds.co.uk/	√	√	√			√	
Art4you Hexham	(07802) 935143	art4youhexham@outlook.com	√					√	
Beach Access North East	(0300) 9994444	beachaccessnortheast.org	√	√	√		√		
BELP (Billingham Environmental Link Programme)		facebook.com/thebelpbillingham		√					
Berwick and District Cancer Support Group		berwickcancersupport.co.uk	√					√	
Berwick Community Trust	(01289) 303366	berwicktrust.org.uk				√			√
Blood Buddies	(01228) 814511	bloodbuddies.co.uk				√			√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

Bradley Lowery Foundation	(0800) 3281705	bradleyloweryfoundation.com/the-foundation/	√	√	√	√	√		√
Briardale House Youth & Community Projects Ltd	(01670) 359135	briardalehouse.co.uk/							√
Bright Red	(0191) 2695467	brightred.org.uk	√						√
British Liver Trust	(0800) 652 7330	britishlivertrust.org.uk/							√
Buddy Cups		buddycups.com		√				√	√
Butterfly Thyroid Cancer Trust	(01207) 545469	butterfly.org.uk							√
Cancer Connections Stronger Together	(0191) 456 5081	cancerconnections.org.uk/					√	√	√
Carer Support Carlisle & Eden	(01768) 890280	edencarers.co.uk				√			√
Carer Support West Cumbria	(01900) 821976	CarerSupportWestCumbria.co.uk							√
Carers Federation	(0808) 802300	CarersFederation.co.uk							√
Carers Northumberland	(01670) 320025	carersnorthumberland.org.uk	√						√
Carers Trust Tyne and Wear	(01207) 549780	carerstrusttw.org.uk							√
Catalyst Stockton-on-Tees Ltd	(01642) 733906	catalyststockton.org/			√				√
CFM Counselling	(07529) 221096	cfmcounselling.co.uk			√			√	
Children's Cancer North	0191 2082243	childrenscancernorth.org.uk	√	√	√		√	√	√
Chris Lucas Trust	(0191) 2632884	chrislucatrust.co.uk/							

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

Citizens Advice Allerdale	(01900) 604 735	citizensadviceallerdale.org.uk							√
Citizens Advice Copeland	(0808) 278 7959	citizensadvicecopeland.org.uk				√			√
Citizen's Advice Gateshead	(0808) 278 7902	citizensadvicegateshead.org.uk/	√						√
Citizens Advice Newcastle	(0191) 2292750	citizensadvice-newcastle.org.uk	√						√
Citizens Advice Northumberland	(0808) 2787944	citizensadvicenorthumberland.org.uk/	√						√
Colostomy UK (NATIONAL)	(0118) 939 1537	colostomyuk.org	√	√	√	√			√
Coping With Cancer North East	(0191) 2502026	copingwithcancer.org.uk	√	√	√	√	√	√	√
Cumbria CVS - North Cumbria Cancer Care Collaborative	(01768) 800350	cumbriacvs.org.uk							√
Daft As A Brush	(0191) 2855999	daftasabrush.org.uk	√	√	√	√	√		
Digital Voice	(01207) 566866	digitalvoice.org.uk/							√
Disability North	(0191) 2840480	disabilitynorth.org.uk/	√	√	√	√	√	√	√
Dragonfly Cancer Trust	(0191) 2620971	dragonflycancertrust.org	√					√	√
East Durham Trust	(0191) 5693511	eastdurhamtrust.org.uk/							√
EBA Futures	(07825) 337342	ebafutures.co.uk	√						√
Eden Valley Hospice	(01228) 810801	edenvalleyhospice.org				√	√	√	√
Ellen MacArthur Cancer Trust	(01475) 672770	ellenmacarthurcancertrust.org/	√	√	√	√		√	√
Essential Beauty Academy (North East) Ltd		ebafutures.co.uk	√						√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

FACT (Fighting All Cancers Together)	(0191) 4420833	FACT-CANCERSUPPORT.CO.UK	√				√	√	√
Family Gateway	(0191) 2090092	FAMILYGATEWAY.CO.UK	√						√
Fishermen's Mission		fishermensmission.org.uk/	√				√	√	√
Flynn's Barn	(01768) 800686	flynnesbarn.org	√	√	√	√	√	√	√
Forward Assist		forward-assist.com/	√						√
Gateshead 50+ (Gateshead Older People's Assembly)	(0191) 438 1721	gatesheadopa.org.uk/					√	√	√
Gateshead Carers	(0191) 4900121	gatesheadcarers.com/	√				√	√	√
Great Aycliffe Cancer Support Group	(07442) 991859	greataycliffecancersupportgroup.co.uk		√				√	√
Healthwatch County Durham	(0800) 3047039	healthwatchcountydurham.co.uk		√			√	√	√
Healthwatch Cumbria	(0300) 3038 567	healthwatchcumbria.co.uk/					√	√	√
Healthwatch Gateshead	(0808) 8010382	healthwatchgateshead.co.uk	√				√	√	√
Healthwatch Newcastle	(0808) 178 9282.	healthwatchnewcastle.org.uk/	√				√	√	√
Healthwatch Northumberland	03332 408468	healthwatchnorthumberland.co.uk	√				√	√	√
Healthwatch South Tees	(07593) 448829	healthwatchmiddlesbrough.co.uk healthwatchredcarandcleveland.co.uk/			√		√	√	√
Healthwatch Stockton-on-Tees	(01642) 688312	healthwatchstocktonontees.co.uk/					√	√	√
Henry Dancer Days		henrydancerdays.co.uk		√			√	√	√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

Holding Hearts North East	(01670) 542876	holdingheartsne.co.uk	√	√				√	√
Hug in a Bag	(07722) 333221	huginabag.com/		√	√			√	
iCan Wellbeing Group	(01228) 819101	icanfitnesscumbria.co.uk				√	√	√	√
JESSICA'S SARCOMA AWARENESS	(07894) 819334	jessicas-sarcoma-awareness.com/	√	√	√	√		√	
Jo's Cervical Cancer Trust	(020) 38328000	jostrust.org.uk	√	√	√	√	√	√	√
LD North East	(0191) 26222261	ldne.org.uk/	√						√
Leukemia Care	(07917) 042170	leukaemicare.org.uk/							√
Life Kitchen CIC Ltd	(0191) 5144840	lifekitchen.co.uk		√					√
Linskill & North Tyneside Community Development Trust	(0191) 2578000	linskill.org/							
Live Well With Cancer		livewellwithcancer.co.uk	√				√	√	√
Look Good Feel Better	(01372) 747500	lookgoodfeelbetter.co.uk	√	√	√	√	√		
Lymphoma Action	(01296) 619400	lymphoma-action.org.uk	√	√	√	√			√
Macmillan Cancer Information and Support - QUEEN ELIZABETH HOSPITAL	(0191) 4452979								√
Macmillan Information & Support Centre, North Cumbria	(01228) 814283	ncic.nhs.uk				√			√
MacMillan Information and Support Centre - County Durham and Darlington NHS Foundation Trust	(01388) 455231	cddft.nhs.uk/our-services/division-of-clinical-support-services/cancer-information-and-support/macmillan-information-centres.aspx		√					√
Macmillan Information and Support Centre, South Tees _ James Cook Hosp	(01642) 835674	southtees.nhs.uk/services/cancer-institute/cancer-support-							√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

		services/macmillan-information-centre/							
Macmillan Joining The Dots	(0800) 8766887	joiningthedots.info		√					√
Maggie's Centre Newcastle	(0191) 2336600	maggies.org/newcastle	√				√	√	√
Meadow Well Connected	(0191) 2341003	meadowwellconnected.org.uk	√						√
Melanoma-Me Foundation	(0191) 4922211	melanoma-me.org.uk		√				√	√
Middlesborough & Stockton Mind	(01642) 257020	teessidemind.org.uk/			√			√	√
Mind and Sole	(01665) 603040	mindandsolealnwick.com						√	
Mummy's Star		mummysstar.org						√	√
Neuroendocrine Cancer UK (NCUK)	(01926) 883487	neuroendocrinecancer.org.uk	√	√	√	√		√	√
North Cumbria Cancer Champion Project		cancerchampionproject.co.uk/							√
North East Laryngectomees Association (NALC)	(01207) 593675	laryngectomy.org.uk							√
North East Nipple Project	(0191) 372 3950	northeastnipples.co.uk					√		
North East Shine Cancer Support		shinecancersupport.org							√
Northern Butterflies	(07919) 852010	Northern Butterflies Cramlington Facebook	√						√
Northern Cancer Voices	(07863) 352308	northerncancervoices.co.uk	√	√	√	√		√	√
Northern Radiotherapy Network	(0191) 213 7426	northernradiotherapynetwork.nhs.uk/	√						√
Northern Rights	(0191) 9177910	northernrights.org.uk		√				√	√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

Northumberland Cancer Support Group		northumberlandcancersupportgroup.co.uk/	√					√	√
Northumbria Cancer and Patient Carer Group	(07817) 515 265	ncpcg.org	√						√
Oracle Cancer Trust	(0203) 475 3471	oraclecancertrust.org/							√
Ova The Rainbow	(01642) 282418				√			√	√
Pancreatic Cancer Action	(0303) 0401770	pancreaticcanceraction.org	√	√	√	√			√
Pioneering Care Partnership	(01325) 321234	pcp.uk.net/		√					√
Prostrate Cancer UK North East Hub	(01665) 711809	prostatecanceruk.org	√	√	√				√
Rainbow Trust Children's Charity North East	(01372) 363438	rainbowtrust.org.uk	√	√	√			√	√
Rainbow Trust Children's Charity North West	(0161) 628 2194	rainbowtrust.org.uk/northwestteam				√		√	√
Riverside Community Health Project - to go on website	(0191) 2260754	riversidechp.org.uk	√						√
Roy Castle Lung Cancer Foundation	(0333) 323 7200	roycastle.org/	√	√	√	√			√
Scotswood Garden	(0191) 275 0000	scotswoodgarden.org.uk/	√					√	
Search Newcastle CIO	(0191) 2737443	searchnewcastle.org.uk/	√						√
Something to Look Forward To		somethingtolookforwardto.org.uk/	√	√	√	√		√	
St Cuthbert's Hospice	(0191) 386 1170	stcuthbertshospice.com/		√			√	√	√
St Oswald's Hospice	(0191) 2850063	stoswaldsuk.org/	√				√	√	√
Stockton Community Wellbeing Champions	(07842) 314872	facebook.com/stocktoncommunitywellbeingchampions/			√		√	√	√

If you would like any additional services added or amended to this directory please email info@cancernnorth.org.uk

Sunderland Counselling Service	(0191) 5147007	sunderlandcounselling.org.uk/		√				√	
Team Solan	(01388) 205294	teamsolan.org.uk					√	√	√
Teenage Cancer Trust	(020) 7612 0370	teenagecancertrust.org/							√
Teesside Hospice Care Foundation	(01642) 811060	teessidehospice.org			√		√	√	√
The Give a Duck Foundation	(03000) 11 22 22	giveaduck.org.uk/						√	
The Loss Foundation	(0300) 2004112	thelossfoundation.org/						√	√
Together All		togetherall.com				√			√
Trinity Holistic Centre	(01642) 835674	southtees.nhs.uk/services/trinity-holistic-centre/about-trinity-holistic-centre/			√		√	√	√
Tyneside Women's Health	(0191) 4777898	tynesidewomenshealth.org.uk/	√					√	√
UK Men's Sheds Association	(0300) 7729626	menssheds.org.uk/						√	√
Unisus	(0191) 9089394	unisus.org.uk							√
Vision Northumberland	(01670) 514316	vision-northumberland.org	√				√	√	√
Wigton Cancer Support Group		facebook.com/WigtonCSG/				√		√	√
Willowburn Hospice	(01207) 529224	willow-burn.co.uk		√			√	√	√
Young Lives vs Cancer	(0300) 330 0803	younglivesvscancer.org.uk	√	√	√	√			√
Zoe's Place Baby Hospice	(01642) 457 985	zoes-place.org.uk/	√	√	√	√	√	√	√