# Mondays

| Name   | What's<br>available   | How to use the service   |  |
|--|---|--|--|
| Newcastle West End Foodbank<br>Address: The Venerable Bede Church, West<br>Road, NE4 8AQ<br>Email:laura@nclwefb.org.uk<br>Website: newcastlewestend.foodbank.org.uk<br>Telephone: 0191 275 3019  | Emergency food<br>parcel which gives<br>3 days of<br>nutritionally<br>balanced food.<br>Closed Bank<br>Holidays   | <b>Open:</b> 10am to<br>11:30am<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and<br>give you a food<br>bank voucher<br>such as the<br>Citizens Advice<br>Newcastle.<br>You are given a<br>food bank<br>voucher to swap<br>for emergency<br>food at the food<br>bank.  |  |
| Vinnie's Support at St Vincent's Centre<br>Newcastle Address: Newbridge Street, NE1 2TQ Email: stvincentsnewcastle@svp.org.uk Website: svp.org.uk/st-vincents-newcastle Telephone: 0191 261 6027 | 1 emergency food<br>parcel<br>Free emergency<br>packs of food,<br>clothing, toiletries<br>and sanitary<br>products for those<br>in need.<br><b>Free hot</b><br><b>meal</b> available on<br>Tuesdays<br><b>Free Clothing</b><br><b>Support</b> available<br>on Thursdays | Open: Monday to<br>Thursday<br>10.30am to<br>3.30pm and<br>Fridays 10am to<br>2pm<br>Who can use<br>it: all welcome<br>How: Call or<br>email to arrange<br>collection<br>They fill in a<br>referral form with<br>you or you can be<br>referred by a<br>support worker,<br>GP, Job Centre<br>or other<br>professional.<br>You can have 1<br>emergency<br>parcel. If more<br>parcels are<br>needed a letter of |  |

request is needed.

### Newcastle West End Foodbank Address: Galafield Centre Newbiggin Lane, Newbiggin Hall, Newcastle upon Tyne, NE5 1LZ.

Email:laura@nclwefb.org.uk Website: newcastlewestend.foodbank.org.uk Telephone: 0191 275 3019 Emergency food parcel which gives 3 days of nutritionally balanced food. Closed Bank Holidays

**Open:** 9am to 12pm Referral needed: Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

### Kenton Food bank

Address: 177 Kirkwood Drive, Kenton, Newcastle upon Tyne, NE3 3BE Mobile: 07540 272051 Telephone: 0191 286 4640 Food parcels for single people, couples and families. The parcel has enough food in for 7 days.

#### How to use this

service: bring ID and proof of benefits Cost: £3 for a single parcel. £4 couples parcel. £5 family parcel Open: Monday to Friday,10am to 1pm

## Tuesdays

| Name  | What's<br>available   | How to use the service  |
|---|---|---|
| Newcastle West End Foodbank<br>Address: Newcastle Foodbank Centre, 331<br>Benwell Lane, NE15 6NG<br>Website: newcastlewestend.foodbank.org.uk<br>Email:laura@nclwefb.org.uk<br>Telephone: 0191 275 3019 | Emergency food<br>parcel which gives<br>3 days of<br>nutritionally<br>balanced food.<br>Closed Bank<br>Holidays | <b>Open:</b> 10am to<br>1pm<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and<br>give you a food<br>bank voucher<br>such as the |

Newcastle West End Foodbank Address: Lemington Methodist Church, 1 Algernon Road, NE15 8DT Website: newcastlewestend.foodbank.org.uk Email:laura@nclwefb.org.uk Telephone: 0191 275 3019 Emergency food parcel which gives 3 days of nutritionally balanced food. Closed Bank Holidays Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

**Open:** 9.30am to 11.30am Referral needed: Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

**Open:** Tuesday, Wednesday, Thursday 9am to 2pm Who can use the service: People must live within 2 miles of Cornerstone on Armstrong Rd. How to use service: You can turn up at one of the sessions to collect a parcel. Please contact them or leave them a message to let them know that you will be attending.

#### **Cornerstone Benwell**

Address: 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU Email: cornerstonebenwell@gmail.com Telephone: 0191 226 0941 Website: cornerstonebenwell.com Facebook: Cornerstone Benwell Emergency food parcel available with enough food to last for a few days. They can refer you to the West End Foodbank for further support.

### **Connect25 Foodbank**

Address: Connect25 Food Bank, NE6 2AR Email: foodbank@thekcfoundation.co.uk Website: thekcfoundation.co.uk Tel: 0797 647 9111 Emergency food parcel delivery

**Open:** Tuesday to Thursday 10am to 4pm Referral needed: from KC Foundation before 12pm on Wednesdavs Who can use it: people who need it in Byker and Newcastle How: You can complete a referral form on their website. You can have 3 food parcels a year. When: Deliveries take place on Thursdays between 2pm and 5pm

# Vinnie's Support at St Vincent's Centre Newcastle

Address: Newbridge Street, NE1 2TQ Email: stvincentsnewcastle@svp.org.uk Website: svp.org.uk/st-vincents-newcastle Telephone: 0191 261 6027

# Free emergency packs of food,

clothing, toiletries and sanitary products for those in need Monday to Friday 10am to 3pm.

# Free hot sit in or take away

meals cooked by volunteers 11am to 1pm Free Clothing Support available on Thursdays

Open: Food parcels and essential supplies Monday to Thursday 10.30am to 3.30pm and Fridays 10am to 2pm Vinnie's Lunch Cafe Tuesdays: 11am to 1pm Who can use it: all welcome How to access Food Parcel: Call or email to arrange collection They fill in a referral form with you or you can be referred by a support worker, GP, Job Centre or other professional.

You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.

## How to access

**free meal:** Drop in for free hot meal on Tuesdays

### How to use this

service: bring ID and proof of benefits Cost: £3 for a single parcel. £4 couples parcel. £5 family parcel Open: Monday to Friday,10am to 1pm

#### How to use this

**service:** You can turn up without an appointment Or contact them on Facebook or their website to arrange to collect a food parcel.

**Cost:** free **Open**: Tuesdays and Thursdays, 12.30pm to 2.45pm

### Who is it

for: anyone who needs it How to use this service: you can turn up without an appointment. (drop in)

### **Kenton Food bank**

Address: 177 Kirkwood Drive, Kenton, Newcastle upon Tyne, NE3 3BE Mobile: 07540 272051 Telephone: 0191 286 4640

people, couples and families. The parcel has enough food in for 7 days.

Low cost food

parcels for single

### **CDW Food Bank**

Address: West Denton Church, Middlegate, West Denton, NE5 5AY Email: cdwfoodbank@gmail.com Website: cdwfoodbank.co.uk Main Telephone: 07493 056 985 Free emergency food parcels for people who need them

### Holy Spirit Church, Denton

Address: Holy Spirit Church, West Denton, Dunblane Crescent, West Denton, NE5 2BE Website: achurchnearyou.com/denton-holyspirit Mobile: 079 9001 9355 Facebook Free emergency food parcels for people who need them. With enough food for 2 or 3 meals. Parcels are available for single

| people, couples<br>and families. They<br>include dried,<br>tinned foods and<br>snacks.                        | <b>Cost:</b> free<br><b>Open:</b> Tuesdays<br>10am to 12pm |
|---|--|
| Refreshments are<br>available during<br>this session  |  |
| Information is<br>available from<br>West End<br>Foodbank and<br>Your Homes<br>Newcastle during<br>the session |  |

# Wednesdays

| Name  | What's<br>available   | How to use the service   |
|---|---|--|
| Newcastle West End Foodbank<br>Address: The Food Bank Centre, Benwell,<br>NE15 6NG<br>Website: newcastlewestend.foodbank.org.u<br>k<br>Email:laura@nclwefb.org.uk<br>Telephone: 0191 275 3019   | Emergency food<br>parcel which<br>gives 3 days of<br>nutritionally<br>balanced food.<br>Closed Bank<br>Holidays | <b>Open:</b> 10am to 1pm<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and<br>give you a food<br>bank voucher such<br>as the Citizens<br>Advice Newcastle.<br>You are given a<br>food bank voucher<br>to swap for<br>emergency food at<br>the food bank. |
| Newcastle West End Foodbank<br>Address: Galafield Centre Newbiggin Lane,<br>Newbiggin Hall, Newcastle upon Tyne, NE5<br>1LZ.<br>Email:laura@nclwefb.org.uk<br>Website: newcastlewestend.foodbank.org.u<br>k<br>Telephone: 0191 275 3019 | Emergency food<br>parcel which<br>gives 3 days of<br>nutritionally<br>balanced food.<br>Closed Bank<br>Holidays | <b>Open:</b> 9am to<br>12pm<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and  |

### Newcastle West End Foodbank

Address: Heaton Baptist Church Heaton Road, Newcastle upon Tyne, NE6 5HN Email:laura@nclwefb.org.uk Website: newcastlewestend.foodbank.org.u k

Telephone: 0191 275 3019

Emergency food parcel which gives 3 days of nutritionally balanced food. Closed Bank Holidays Open: 2pm to 3.30pm Referral needed: Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher

to swap for

emergency food at the food bank.

#### **Cornerstone Benwell**

Address: 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU Email: cornerstonebenwell@gmail.com Telephone: 0191 226 0941 Website: cornerstonebenwell.com Facebook: Cornerstone Benwell Emergency food parcel available with enough food to last for a few days. They can refer you to the West End Foodbank for further support. **Open:** Tuesday, Wednesday, Thursday 9am to 2pm Who can use the service: People must live within 2 miles of Cornerstone on Armstrong Rd. How to use service: You can turn up at one of the sessions to collect a parcel. Please contact them or leave them a message to let them know that you will be attending.

### **Connect25 Foodbank**

Address: Connect25 Food Bank, NE6 2AR Email: foodbank@thekcfoundation.co.uk Website: thekcfoundation.co.uk Telephone: 0797 647 9111

Vinnie's Support at St Vincent's Centre

Website: svp.org.uk/st-vincents-newcastle

Address: Newbridge Street, NE1 2TQ Email: stvincentsnewcastle@svp.org.uk

Telephone: 0191 261 6027

Newcastle

Emergency food parcel delivery

Free emergency

clothing, toiletries

products for those

meal available on

**Free Clothing** 

Support availabl

e on Thursdays

packs of food,

and sanitary

in need.

Free hot

Tuesdays

**Open:** Tuesday to Thursday 10am to 4pm Referral needed: from KC Foundation before 12pm on Wednesdavs Who can use it: people who need it in Byker and Newcastle How: You can complete a referral form on their website. You can have 3 food parcels a year. When: Deliveries take place on Thursdays between 2pm and 5pm **Open:** Monday to Thursday 10.30am to 3.30pm and

to 3.30pm and Fridays 10am to 2pm **Who can use it:** all welcome **How:** Call or email to arrange collection They fill in a referral form with you or you can be referred by a support worker, GP, Job Centre or other professional.

You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.

How to use this service: bring ID and proof of benefits Cost: £3 for a

single parcel. £4

### Kenton Food bank

Address: 177 Kirkwood Drive, Kenton, Newcastle upon Tyne, NE3 3BE Mobile: 07540 272051 Telephone: 0191 286 4640 Low cost food parcels for single people, couples and families. The parcel has

You em If m nee req t food **Ho** 

enough food in for 7 days.

Local people

occasional

cooked meals

Byker

helping people in

Food parcels and

couples parcel. £5 family parcel **Open:** Monday to Friday,10am to 1pm

### Who is it

for: people living in Byker Cost: Free Open: Wednesday s 3pm to 4pm How to use this service: Contact them

### Byker Mutual Aid Email: bykercovid19@outlook.com Address: Byker Mutual Aid, C/o St Michael's Centre, NE6 2AL See their Facebook page for updates

## Thursdays

| Name  | What's<br>available   | How to use the service  |
|---|---|---|
| Walker and District Foodbank<br>Address: City of God Christian Centre, 25<br>Church Walk, Walker, NE6 3DP<br>Email: info@walkerdistrict.foodbank.org.uk<br>Website: walkerdistrict.foodbank.org.uk<br>Telephon: 07517 846 366<br>Mobile: 07496 803150 | Emergency food<br>parcel  | <b>Open:</b> 11am to<br>1.30pm<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and<br>give you a food<br>bank voucher<br>such as the<br>Citizens Advice<br>Newcastle.<br>You are then<br>given a food bank<br>voucher to swap<br>for emergency<br>food at the food<br>bank. |
| Newcastle West End Foodbank<br>Address: The Venerable Bede Church West<br>Road, NE4 8AQ.<br>Website: newcastlewestend.foodbank.org.uk<br>Email: laura@nclwefb.org.uk<br>Telephone: 0191 275 3019  | Emergency food<br>parcel which<br>gives 3 days of<br>nutritionally<br>balanced food.<br>Closed Bank<br>Holidays | <b>Open:</b> 10am to<br>1pm<br><b>Referral</b><br><b>needed:</b> Contact<br>the Foodbank to<br>find details of<br>organisations that<br>can refer you and   |

### Newcastle West End Foodbank

Address: St Silas' Church, Clifford Street, Byker, Newcastle Upon Tyne, NE6 1PG Website: newcastlewestend.foodbank.org.uk Email: laura@nclwefb.org.uk Telephone: 0191 275 3019 Emergency food parcel which gives 3 days of nutritionally balanced food. Closed Bank Holidays

### give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

### Open: 2pm to 3.30pm Referral needed: Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

### Newcastle West End Foodbank

Address: Lemington Methodist Church, 2 Loraine Terrace, Lemington, Newcastle upon Tyne, NE15 8EA Website: newcastlewestend.foodbank.org.uk Email: laura@nclwefb.org.uk Telephone: 0191 275 3019 Emergency food parcel which gives 3 days of nutritionally balanced food. Closed Bank Holidays Open: 5pm to 6.30pm Referral **needed:** Contact the Foodbank to find details of organisations that can refer you and give you a food bank voucher such as the Citizens Advice Newcastle. You are given a food bank voucher to swap for emergency food at the food bank.

### **Cornerstone Benwell**

Address: 62 Armstrong Road, Newcastle upon Tyne, NE4 7TU Email: cornerstonebenwell@gmail.com Telephone: 0191 226 0941 Website: cornerstonebenwell.com Facebook: Cornerstone Benwell Emergency food parcel available with enough food to last for a few days. They can refer you to the West End Foodbank for further support.

Wednesday, Thursday 9am to 2pm Who can use the service: People must live within 2 miles of Cornerstone on Armstrong Rd. How to use service: You can turn up at one of the sessions to collect a parcel. Please contact them or leave them a message to let them know that you will be attending.

**Open:** Tuesday,

### **Open:** Tuesday to Thursday 10am to 4pm Referral needed: from KC Foundation before 12pm on Wednesdays Who can use it: people who need it in Byker and Newcastle How: You can complete a referral form on their website. You can have 3 food parcels a year. When: Deliveries take place on Thursdavs between 2pm and 5pm

**Open:** Monday to Thursday 10.30am to 3.30pm and Fridays 10am to 2pm

### **Connect25 Foodbank**

Address: Connect25 Food Bank, NE6 2AR Email: foodbank@thekcfoundation.co.uk Website: thekcfoundation.co.uk Tel: 0797 647 9111 Opening Times: Tuesday to Thursday 10am to 4pm Emergency food parcel delivery to those who need it in Byker and Newcastle.

# Vinnie's Support at St Vincent's Centre Newcastle

Address: St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ Email: stvincentsnewcastle@svp.org.uk Website: svp.org.uk/st-vincents-newcastle Telephone: 0191 261 6027 Free emergency packs of food, clothing, toiletries and sanitary products for those in need.

Free hot meal available on Tuesdays Free clothing support available on Thursdays

### Who can use

it: all welcome How: Call or email to arrange collection They fill in a referral form with you or you can be referred by a support worker, GP, Job Centre or other professional.

You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.

### How to use this

service: bring ID and proof of benefits Cost: £3 for a single parcel. £4 couples parcel. £5 family parcel Open: Monday to Friday,10am to 1pm

### Kenton Food bank Address: 177 Kirkwood Drive,

Kenton, Newcastle upon Tyne, NE3 3BE Mobile: 07540 272051 Telephone: 0191 286 4640

### **CDW Food Bank**

Address: West Denton Church, Middlegate, West Denton, NE5 5AY Email: cdwfoodbank@gmail.com Website: cdwfoodbank.co.uk Main Telephone: 07493 056 985 Free emergency food parcels for people who need them

Low cost food

parcels for single

and families. The

enough food in for

people, couples

parcel has

7 days.

### How to use this

**service:** You can turn up without an appointment Or contact them on Facebook or their website to arrange to collect a food parcel.

**Open**: Tuesdays and Thursdays, 12.30pm to 2.45pm

## **Friday**

Name

### What's available

How to use the service

### **Kenton Food bank**

Address: 177 Kirkwood Drive, Kenton, Newcastle upon Tyne, NE3 3BE Mobile: 07540 272051 Telephone: 0191 286 4640 Low cost food parcels for single people, couples and families. The parcel has enough food in for 7 days.

### How to use this

service: bring ID and proof of benefits Cost: £3 for a single parcel. £4 couples parcel. £5 family parcel Open: Monday to Friday,10am to 1pm

### Vinnie's Support at St Vincent's Centre Newcastle Address: St Vincent's Blackfriars @ The Ouseburn, NE1 2TQ Email: stvincentsnewcastle@svp.org.uk Website: svp.org.uk/st-vincentsnewcastle Telephone: 0191 261 6027

Free emergency packs of food, clothing, toiletries and sanitary products for those in need. Free hot meal available on Tuesdays Free Clothing Support available on Thursdays

### Open: Monday to

Thursday 10.30am to 3.30pm and Fridays 10am to 2pm **Who can use it:** all welcome **How:** Call or email to arrange collection They fill in a referral form with you or you can be referred by a support worker, GP, Job Centre or other professional.

You can have 1 emergency parcel. If more parcels are needed a letter of request is needed.

## **Saturday and Sundays**

No food banks open at the moment