

BLISS=Ability

Inform, Involve, Include.



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Care Act Advocacy Service

Care Act Advocates support people to understand their rights under the **Care Act** and to be fully involved in a local authority assessment, **care** review, **care** and support planning or safeguarding process.

If you have a substantial difficulty and decisions are being made about **you** and your **care plan** and you are an adult who has care and support needs, are a carer of an adult, carer of a young person moving to adult services who needs:-

- A needs assessment
- Carers assessment
- Care and support plan preparation
- Care and support plan review
- A safeguarding enquiry
- A safeguarding adult review
- An appeal against a local authority decision under Part 1 of the Care Act



If you do not have any friends or family available that can help, or if you don't want them to support you, our advocate can help you.

Our Care Act Advocate can support you to:

- Listen to your views and concerns.
- Help you explore your options and rights (without pressuring you)
- Speak out at meetings or to professionals
- Find information so you can make informed choices to try and sort out any issues you may have
- Work towards trying to change services if you feel they are not meeting your needs fully
- Understand and know what your rights are, make sure they are upheld and respected
- Make difficult decisions that may be needed
- Make a complaint if you are not happy about a service



Decision Making



CASE STUDY:

Client had been referred for Care Act Advocacy via Social Worker for a Care and Support Needs review, client had significant difficulties due to Learning Disability, Autism and lack of capacity. The parent had wanted the client to move closer to them.

The Advocates role is to establish what the client would choose if they were able to make the decision themselves around their accommodation needs. The client was supported 24/7 on a one to one basis and needs assistance with care and support needs.

Whilst gathering information from staff and also from the Advocates observations it was evident that the client thrives on routine and any deviation from this exacerbates behaviours, and distresses the client. With other Professionals it was agreed the move would not be in the best interest of the client.

Impacts of Advocacy involvement:

To try and establish what the client would want should they have capacity and to establish the impact a move would have on the client.

Outcomes of Advocacy Involvement:

Considering all information gathered, the Advocate felt that the client would not wish to move if they were able to choose themselves, and a move would cause significant distress to the client.